



In partnership with:



**XXIII**

International Conference  
on Sports Rehabilitation  
and Traumatology

PRELIMINARY  
PROGRAMME  
and call for papers

# Football Medicine Strategies for Joint & Ligament Injuries

22<sup>nd</sup> -23<sup>rd</sup> March, 2014

2<sup>nd</sup> Science of Football Summit  
24<sup>th</sup> March, 2014

MiCo - Milano Congressi, MILAN

## Index

### FOOTBALL MEDICINE STRATEGIES FOR JOINT & LIGAMENT INJURIES

#### Date

22nd-23rd March, 2014

#### Location

MiCo – Milano Congressi - Milan

### 2<sup>nd</sup> SCIENCE OF FOOTBALL SUMMIT PREVENTING INJURIES IN FOOTBALL: 1994-2014, 20 YEARS OF RESEARCH

#### Date

24<sup>th</sup> March, 2014

#### Location

MiCo – Milano Congressi - Milan

### PRESIDENTS

Peter Brukner, Stefano Della Villa

### SCIENTIFIC DIRECTION

Stefano Respizzi, Giulio Sergio Roi

### MANAGING DIRECTOR

Pierfrancesco Perini

### CONFERENCE MANAGERS

Giulia Indelicato - Tel. +39 051 2986878

Cristina Zanetti - Tel. +39 051 2986814

Fax +39 051 6133197

conference@isokinetic.com

### MARKETING & PROMOTION

Mike Davison



[www.FootballMedicineStrategies.com](http://www.FootballMedicineStrategies.com)

[www.isokinetic.com](http://www.isokinetic.com)



@footballmed @Isokineticmed



Football Medicine Strategies  
for Joint and Ligament Injuries



Football Medicine Strategies

pag.	3	WELCOME AND INTRODUCTION
	4	FROM LONDON 2013 TO MILAN 2014
	7	IN THE YEAR OF THE WORLD CUP IN BRAZIL, THE ANNUAL GATHERING OF THE FOOTBALL MEDICINE COOMUNITY
	8	FROM INJURY TO FULL RECOVERY
	10	SCIENTIFIC PROGRAMME SATURDAY 22 <sup>nd</sup> MARCH - MORNING
	11	SCIENTIFIC PROGRAMME SATURDAY 22 <sup>nd</sup> MARCH - AFTERNOON
	12	SCIENTIFIC PROGRAMME SUNDAY 23 <sup>rd</sup> MARCH - MORNING
	13	SCIENTIFIC PROGRAMME SUNDAY 23 <sup>rd</sup> MARCH - AFTERNOON
	15	2 <sup>nd</sup> SCIENCE OF FOOTBALL SUMMIT MONDAY 24 <sup>th</sup> MARCH
	16	FREE ORAL AND POSTER SESSIONS
	18	FACULTY
	26	HOW TO REACH US
	26	COMMERCIAL OPPORTUNITIES
	26	KEY DATES
	27	REGISTRATIONS
	27	STAY AND TRANSFERS



# Welcome and introduction

## An international and multidisciplinary approach

Welcome to the XXIII International Conference on Sports Rehabilitation and Traumatology. After two years in London, the Conference returns to Italy, still maintaining its international features: the official language will be the English. The event is organised in collaboration with FIFA, which in 2014 celebrates 20 years of F-MARC.



Once again there will be the opportunity to attend the debate between different professionals of the field, such as sports physicians, orthopaedic surgeons, physiatrists, radiologists, physiotherapists, team managers and athletic trainers.

## Focus on the treatment of joints and ligaments

Injuries to joints and ligaments can occur during sporting activity, with a significant incidence in football. Over the three conference days, we will actively and hopefully passionately discuss the topics relating to prevention, surgery, rehabilitation and return to play of the footballer.

### Saturday 22<sup>nd</sup>

- The landscape
- Conservative approaches
- Chondral and osteochondral defects
- Regenerative medicine

- Recreational football
- Imaging for joints
- Female football

- Joint stabilisation
- Neuromuscular control
- Return to play

### Sunday 23<sup>rd</sup>

- Knee surgery
- ACL reconstruction
- The patellofemoral joint
- Early and late osteoarthritis

- Shoulder injuries
- Ankle injuries
- Hip surgery
- The spine

- Prevention strategies
- The young football player

### Monday 24<sup>th</sup>

- FIFA and prevention
- How to prevent injuries?
- Prevention in football
- Practical aspects

## From London 2013 to Milan 2014

The last edition of the Conference was held in London with two days at the Queen Elizabeth II Conference Centre (QEIIICC) and one at the Wembley Stadium. In 2014 the venue will be Milan that next year will host the World Exposition Milano, EXPO 2015.

130 speakers  
and chairmen



1513 delegates  
from 77 nations



QEIIICC

Scientific  
Community

Football Family



More than 100  
representatives of  
national and  
international teams

LONDON





825 participants to the 1<sup>st</sup> Science of Football Summit



One of the biggest conference centres in Europe

Courtesy of Philips Lighting



Wembley Stadium

The City



The Milan football teams have won 10 of the last 50 editions of the UEFA Champions League

MiCo

MILAN

Media



Many publications spoke about our Conference



XXIII

International Conference  
on Sports Rehabilitation  
and Traumatology



**FIFA WORLD CUP**  
**Brasil**



# In the year of the World Cup in Brazil, the annual gathering of the Football Medicine Community

“ *The explosion of the interest for sports medicine, more particularly for football medicine, is due to a lot of different factors.*

*We notice the better care for health and the knowledge that good medical care leads to better results.*

*The increasing interest of the medical world for the enormous competitive, social and economic aspects of sport was also spectacular over the last years.*

*The Medical Committee of FIFA, supported by its scientific department F-MARC, played an important role in this evolution. On European level, the Medical Committee of UEFA chose the same direction. Much support was also given by congress organisers, scientific publications and conferences all over the world.*

*The Isokinetic group constitutes one the best example of this evolution, bringing, through world symposia, the evolution of sports medicine to thousands and thousands interested doctors, physiotherapists and coaches.* ”

Dr. Michel D’Hooghe




Prof. Jiri Dvorak  
Chief Medical Officer of FIFA  
and Chairman of F-MARC

Dr. Michel D’Hooghe  
Chairman Medical Committee  
of FIFA and UEFA

## The 20<sup>th</sup> Anniversary of F-MARC



The FIFA-Medical Assessment and Research Centre (F-MARC) was established in 1994 by the FIFA Medical Committee, to protect the health of all players and promote football as a healthy leisure activity.

The Chairman is Professor Jiri Dvorak who speaks about the philosophy of F-MARC: "... while the goal of most experts is to improve sports performance, we decided to focus our attention on the prevention of injury and the promotion of football as a fun and healthy leisure activity".

In these twenty years F-MARC has developed several research projects, including the prevention program "The 11 +" and the initiative "Football for Health", which is constituted by 11 simple health messages presented to children during school time, whilst playing football. F-MARC (Head of research Dr Astrid Junge PhD) published more than 300 original papers in peer reviewed journals.



## From injury to full recovery

The Conference programme is designed to supply a complete vision of the recovery process for the injured player: from the start through to the end. The attention of the Football Medicine Community is especially focussed on the final part of the process, when recovery is complete.







Sports  
skill  
restoration

Reinjury  
prevention

Full recovery

Strengthening  
phase

Fitness  
reconditioning



## Auditorium



9:00 Official Welcome Brukner P (AUS), Della Villa S (ITA)

### The Landscape

Chairmen:

D'Hooghe M (BEL), Della Villa S (ITA)

9:15 **The 20 years of F-MARC: from 1994 to 2014 World Cup**  
Dvorak J (SUI)

9:45 **Brazil - the impact of the World Cup**  
Runco J (BRA)

10:00 **Joint and ligament injuries in the UEFA Champions League**  
Ekstrand J (SWE)

10:15 **ACL injury mechanisms in football: a video analysis**  
Walden M (SWE)

10:30 Discussion

11:00 Break

## Room A



### Controversial conservative approaches

Chairmen:

English B (UK), Müller-Wolfahrt HW (GER)

11:30 **Football team doctor's perspective - how have we managed this problem**  
Serratos L (ESP)

11:45 **The hyaluronidase debate. Oral. Injection. Where is the literature now?**  
Funk L (UK)

12:00 **Omega 3 intake and joint remodelling** Babraj J (UK)

12:15 **PRP. The good side and downside to this treatment**  
Sas K (BEL)

12:30 **Decrease the load with good strength and conditioning**  
Franklyn-Miller A (UK)

12:45 Discussion

13:00 Break

## Room B



### Grassroots and recreational football: health considerations

Chairmen:

Danelon F (ITA), Davison M (UK)

11:30 **Epidemiology in grassroots football** Fuller C (UK)

11:45 **Long term consequences of knee injuries** Krutsch W (GER)

12:00 **Who is the recreational football player?** Boldrini L (ITA)

12:15 **How to manage the health of recreational players**  
Khan K (CAN/QAT)

12:30 **Health effects of recreational football** Krustup P (DEN)

12:45 Discussion

13:00 Break

## Room C



### Rehabilitation exercises for dynamic joint stabilisation

Chairmen:

Batty P (UK), Combi F (ITA)

11:30 **The role of the muscles as active stabilisers of the joints**  
Hutson M (UK)

11:45 **Open and closed chain in the knee rehabilitation**  
Zanobbi M (UK)

12:00 **Shoulder dynamic stabilisation exercises** Salsi A (ITA)

12:15 **Isokinetic evaluation and strengthening programmes**  
Olmo Navas J (ESP)

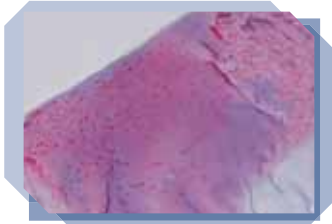
12:30 **Plyometric and jumping progression during the recovery process**  
Diesel W (UK)

12:45 Discussion

13:00 Break



**Room A**



**Chondral and osteochondral defects: surgery and return to sport**

- Chairmen:  
Erggelet C (SUI), Kon E (ITA)
- 14:30 Conservative management of cartilage lesions in the athlete's knee Ueblacker P (GER)
  - 14:45 Cartilage lesions in football. Where are we now? Espregueira-Mendes J (POR)
  - 15:00 Return to play strategies post knee surgery Mithoefer K (USA)
  - 15:15 Biological joint reconstruction and football Marcacci M (ITA)
  - 15:30 Rehabilitation principles for cartilage regeneration Hambly K (UK)
  - 15:45 Discussion
  - 16:00 Break

**Room B**



**Imaging and clinical diagnosis in footballers' joints**

- Chairmen:  
Ferretti A (ITA), Healy J (UK)
- 14:30 Ultrasonography: the stethoscope of the future sports physician? Zunarelli P (ITA)
  - 14:45 MRI in orthopaedics and sports medicine daily practice Kerkhoffs G (NED)
  - 15:00 MRI studies in footballers' joint kinetics Welsch G (GER)
  - 15:15 MRI images of footballers' hip, knee and ankle injuries Balzarini L (ITA)
  - 15:30 MRI images of footballers' spine, shoulder and elbow injuries Padron M (ESP)
  - 15:45 Discussion
  - 16:00 Break

**Room C**



**Neuromuscular control**

- Chairmen:  
Lewin G (UK), Mazzola C (ITA)
- 14:30 Neuromuscular exercises during knee rehabilitation Snyder-Mackler L (USA)
  - 14:45 The concept of neuroplasticity applied to functional recovery Rivaroli S (ITA)
  - 15:00 Functional rehabilitation in the pool Puig P (FRA)
  - 15:15 ACL and neuromuscular control: a video analysis of injury mechanism De Carli A (ITA)
  - 15:30 The role of core stability in the recovery of the footballer Goedhart E (NED)
  - 15:45 Discussion
  - 16:00 Break



**Orthobiology and regenerative medicine**

- Chairmen:  
Castellacci E (ITA), Maffulli N (UK)
- 16:30 The regenerative medicine landscape Mandelbaum B (USA)
  - 16:45 Regenerative medicine in shoulder injuries Randelli P (ITA)
  - 17:00 The use of PRP and growth factors in footballers' joints Cugat R (ESP)
  - 17:15 Stem cell treatment: past, present, future Gobbi A (ITA)
  - 17:30 Discussion
  - 18:00 End of the first day



**Female football players**

- Chairmen:  
Bianchedi D (ITA), Millson H (UK)
- 16:30 Epidemiology in female football Junge A (SUI)
  - 16:45 Female footballers' lesions Silvers H (USA)
  - 17:00 ACL injuries in female football players Servien E (FRA)
  - 17:15 Prevention is better than cure - training prescription to protect youth female footballers Lloyd R (UK)
  - 17:30 Discussion
  - 18:00 End of the first day



**Return to sport strategies**

- Chairmen:  
Schneider C (GER), Tavana R (ITA)
- 16:30 The difference between clinical rehabilitation and football reconditioning Knowles B (USA)
  - 16:45 The "on pitch" football recovery programme after ACL surgery Medina D (ESP)
  - 17:00 Functional strategies to prevent recurrence risk after knee surgery Melegati G (ITA)
  - 17:15 How to manage the fear of reinjury Walker N (UK)
  - 17:30 Return to play criteria Snyder-Mackler L (USA)
  - 17:45 Discussion
  - 18:00 End of the first day

## Room A



### Knee surgery and functional recovery

Chairmen:

- Benazzo F (ITA), Coari G (ITA)
- 9:30 **Crucial principles in the care of the knee** Steadman R (USA)
- 9:45 **Functional recovery after ligament reconstruction and meniscus repair** Cohen M (BRA)
- 10:00 **Treatment of complex ligament lesions with rotatory instability** Advranti P (ITA)
- 10:15 **Strategies in revision surgery** Delcogliano A (ITA)
- 10:30 **Criterion based rehab: the "traffic light" concept** Tsapralis K (ITA)
- 10:45 Discussion
- 11:00 Break

## Room B



### Shoulder injuries and football

Chairmen:

- Axe M (USA), Minola R (ITA)
- 9:30 **Conservative management of sporting shoulder injuries** Ranson C (UK)
- 9:45 **The stabilisation surgery options in a football player** Kochhar T (UK)
- 10:00 **Post surgical and return to football protocols** Danelon F (ITA)
- 10:15 **Shoulder trauma in goalkeepers** Castagna A (ITA)
- 10:30 **Shoulder replacement in professional football: a case report** Porcellini G (ITA)
- 10:45 Discussion
- 11:00 Break

## Room C



### Prevention strategies

Chairmen:

- Chalabi H (QAT), Pedrinelli A (BRA)
- 9:30 **The F-MARC concept of prevention** Bizzini M (SUI)
- 9:45 **Ankle prevention programme for football** Malliaropoulos N (GRE)
- 10:00 **Hip strategies to prevent knee injuries** Powers C (USA)
- 10:15 **Ankle sprains: prevention input from research in biomechanics** Gehring D (GER)
- 10:30 **Medical markers in injury prevention** Schriebl W (AUT)
- 10:45 Discussion
- 11:00 Break



### ACL surgery and return to football

Chairmen:

- Angele P (GER), Zorzi C (ITA)
- 11:30 **ACL surgery in sport. Where are we now?** Fu F (USA)
- 11:45 **Optimise functional outcome: surgery and rehabilitation as one team** Arnaldi E (ITA)
- 12:00 **Biologically enhanced ACL reconstruction in footballers** Sonnery-Cottet B (FRA)
- 12:15 **Predictors of medium-term outcome and return to sport after ACL injury** Haddad F (UK)
- 12:30 **Return to top level football after ACL reconstruction** Tencone F (ITA)
- 12:45 Discussion
- 13:00 Break



### Ankle lesions of the footballer

Chairmen:

- Lloyd Williams R (UK), Sandhu J (IND)
- 11:30 **The footballer's ankle** Geertsema C (QAT)
- 11:45 **Ankle impingement: conservative treatment** Andersen TE (NOR)
- 12:00 **Ankle impingement: surgical options** Kerkhoffs G (NED)
- 12:15 **Ankle stabilisation surgeries** Giannini S (ITA)
- 12:30 **Return to football after ankle surgery** Kennedy J (USA)
- 12:45 Discussion
- 13:00 Break



### The young football player

Chairmen:

- Peterson L (SWE), Til i Perez L (ESP)
- 11:30 **Exercise loads and prevention programme for young patients** Freschi M (ITA)
- 11:45 **Grow related joint injuries in young players** D'Hooghe P (QAT)
- 12:00 **ACL in young population: data from the Scandinavian register** Forssblad M (SWE)
- 12:15 **Management of osteochondritis dissecans** Margheritini F (ITA)
- 12:30 **Conservative and surgical management of the cartilage injury** Steinwachs M (SUI)
- 12:45 Discussion
- 13:00 Break



Room A



**Patellofemoral (PF) joint and football**

Chairmen:

Denti M (ITA), Espregueira-Mendes J (POR)

- 14:30 **Patella instability in football player** Neyret P (FRA)
- 14:45 **The treatment of patellar pathology in adolescent football players** Seil R (LUX)
- 15:00 **To treat or not to treat chondral lesions of the PF joints?** Berruto M (ITA)
- 15:15 **Treatment choice in first traumatic patella luxation or subluxation** Zaffagnini S (ITA)
- 15:30 **Micro and macro rupture of extensor mechanism** Dejour D (FRA)
- 15:45 Discussion
- 16:00 Break

Room B



**Hip surgery and functional recovery**

Chairmen:

Brukner P (AUS), Zini R (ITA)

- 14:30 **The hip in the footballer** Schilders E (UK)
- 14:45 **Differential diagnosis of hip and groin pain- what is the indication for hip arthroscopy?** Holmich P (DEN)
- 15:00 **The new hip era: how not to pass from underdiagnosis to overtreatment and role of conservative treatment** Randelli F (ITA)
- 15:15 **Orthobiologics in hip arthroscopy** Bajwa A (UK)
- 15:30 **Factors influencing outcomes after hip arthroscopy** Kemp J (AUS)
- 15:45 Discussion
- 16:00 Break



**Management of early and late osteoarthritis (OA)**

Chairmen:

Batt M (UK), Volpi P (ITA)

- 16:15 **Conservative management of knee OA** Crossley K (AUS)
- 16:30 **Acute surgical decisions and long term future of the patients' knees** Rosa D (ITA)
- 16:45 **Knee replacement and sport** Lelli A (ITA)
- 17:00 **Biological reconstruction of the knee - restorative or salvage?** McDermott I (UK)
- 17:15 **Rehabilitation following arthritis surgery** Roos E (DEN)
- 17:30 Discussion
- 18:00 End of the second day



**The spine of the football player**

Chairmen:

Edwards T (NZL), Fahy D (UK)

- 16:15 **Diagnosis and management of aspecific low back pain in football** Beasley I (UK)
- 16:30 **Spinal injuries: experiences from the field** Eirale C (QAT)
- 16:45 **Surgical indications for football players** Mayer M (GER)
- 17:00 **Return to sport after spine surgery in top player: a case report** Tomaiello L (ITA)
- 17:15 **Role of fascia in lower back pain** De Coninck K (UK)
- 17:30 Discussion
- 18:00 End of the second day





## Preventing injuries in football: 1994-2014, 20 years of research

Monday 24<sup>th</sup> March, 2014

MiCo - Milano Congressi, Room A

The symposium is specifically designed for the specialists of injury prevention (in particular team coaches, athletic trainers, sports scientists, physiotherapists and students), who are daily dealing with training fields and playing footballers.

During the 2<sup>nd</sup> Science of Football Summit, the most important initiatives enacted and coordinated by the FIFA - Medical Assessment and Research Centre (F-MARC) on the topic of prevention will be discussed. World-renowned exercise and sports scientists actively working with F-MARC will discuss over general aspects and practical consequences of the prevention philosophy of the last 20 years.

### Scientific Programme

- 8:30 Opening and welcome
- 8:45 **Introduction** - Roi GS (ITA)

#### **The role of FIFA on injury prevention**

Chairmen: D'Hooghe M (BEL), Della Villa S (ITA)

- 9:00 Main lecture
  - Overview on F-MARC projects and 11+ around the world** - Dvorak J (SUI)
- 9:50 **Prevention of contact and non contact injuries in football** - Bizzini M (SUI)
- 10:10 **Prevention through promotion of 11+ in Germany** - Eiles M (GER)
- 10:30 Discussion
- 10:45 Break

#### **How to prevent injuries in football?**

Chairmen: Danelon F (ITA), Dvorak J (SUI)

- 11:15 **Amateur football players** - Bizzini M (SUI)
- 11:30 **Female football players** - Silvers H (USA)
- 11:45 **Young football players** - Faude O (SUI)
- 12:00 **Professional football players** - Kemp S (UK)
- 12:15 Discussion

#### **The challenge of injury prevention in football (round table)**

- 12:30 Participants: team physicians, coaches, players and team managers
- 13:30 Break

#### **Practical aspects (with video)**

Chairmen: Bizzini M (SUI), Witvrouw E (QAT)

- 14:30 **Introduction**
- 14:40 **Effects of injury prevention on performance (Lecture)** - Bangsbo J (DAN)
- 15:20 **The role of stretching injury prevention** - Witvrouw E (QAT)
- 15:40 **Prevention in professional players** - Sassi R (ITA)
- 16:00 **Prevention in female players** - Silvers H (USA)
- 16:20 **Prevention in young football players** - Mathieu N (SUI)
- 16:40 **Prevention in referees** - Castagna C (ITA)
- 17:00 **Prevention of reinjuries during rehabilitation** - Boldrini L (ITA)
- 17:20 Discussion
- 17:45 End of the summit

The official language is the English.



# Free Oral and Poster sessions

The International Conference on Sports Rehabilitation and Traumatology has always encouraged the active participation of all the specialists of the field. The multidisciplinary nature of the event represents a unique occasion to share the results of original researches with the Football Medicine Community through the Free Oral and Poster Sessions. The Free Oral Communications will take place in parallel sessions on Saturday and Sunday.

The Free Poster Communications will be displayed for the full duration of the Conference in a dedicated Poster Area, and participants will have the opportunity to discuss them during the Poster Sessions.

The proposals of scientific contributions, must be written in English, and submitted to the Scientific Direction by December the 15<sup>th</sup> 2013.

All the accepted abstracts will be published in the Abstract Book distributed to all participants during the Conference, and available in the most important bookshops, after the event.

For more information about abstract submission, please contact the Organising Secretariat at [conference@isokinetic.com](mailto:conference@isokinetic.com)

## Saturday 22<sup>nd</sup> March, 2014

---

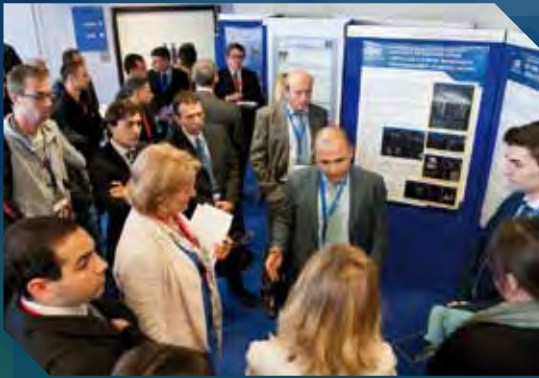
11:30-13:00	Free Oral <b>Orthopaedics</b> Chairmen: Madonna V (ITA), Panics G (HUN)	13:30-14:30	Poster A <b>Orthopaedics</b> Chairmen: Boniforti F (ITA), Tzouroudis N (UAE)
14:30-16:00	Free Oral <b>Biomechanics and functional assessment</b> Chairmen: Minetti A (ITA), Rampinini E (ITA)	13:30-14:30	Poster B <b>Functional recovery</b> Chairmen: Praticò S (ITA), Stride M (UK)
16:30-18:00	Free Oral <b>Case reports 1 (Knee)</b> Chairmen: Chomiak J (CZE), Nanni G (ITA)	13:30-14:30	Poster C <b>Case reports 1</b> Chairmen: Brotto E (ITA), D'Orsi GM (ITA)

## Sunday 23<sup>rd</sup> March, 2014

---

9:30-11:00	Free Oral <b>Functional recovery</b> Chairmen: Grimm K (QAT), Respizzi S (ITA)	13:30-14:30	Poster E <b>Case reports 2</b> Chairmen: Millson H (UK), Servadei MA (ITA)
11:30-13:00	Free Oral <b>Case reports 2</b> Chairmen: Gatteschi L (ITA), Turmo A (ESP)	13:30-14:30	Poster F <b>Biomechanics and functional assessment</b> Chairmen: Narici M (UK), Roi GS (ITA)
14:30-16:00	Free Oral <b>On-field rehabilitation</b> Chairmen: Buckthorpe M (UK), Fazzini D (ITA)	13:30-14:30	Poster G <b>Chiropractic</b> Chairmen: Hearle L (UK), Rigel D (ITA)





## Share your experience

Taking an active part in the scientific programme of the Conference, you will be given the opportunity to discuss your questions with the most important experts of the international Football Medicine Community.

This is your occasion to be known and to meet delegates coming from all over the world with common experiences.

## To give it to the Football Medicine Community

In the world there are 300 million footballers and thousands of physicians, sports therapists and athletic trainers caring for their health. The Football Medicine Community is a scientifically active group that wants to keep updated on the topic.



## Thanks to the Conference abstracts

All of the accepted abstracts will be published in the Abstract Book of the Conference, distributed to all the delegates and, after the Conference, sold in the most important bookshops of the industry.



## Faculty



**Adravanti Paolo**  
Parma (ITA)  
Orthopaedic Surgeon.  
Consultant to Parma FC.  
Director of the Orthopaedic  
Department, Casa di  
Cura Città di Parma.  
President of SIGASCOT



**Andersen Thor Einar**  
Oslo (NOR)  
Sports Medicine Physician.  
Team Doctor Norwegian  
Men's National Team.  
Medical Director of The  
Norwegian FA Medical  
Clinic and Associate  
Professor, Oslo Sports  
Trauma Research Center  
- FIFA Medical Centre of  
Excellence



**Angele Peter**  
Regensburg (GER)  
Orthopaedic Surgeon &  
Director of University  
Medical Centre,  
Regensburg - FIFA  
Medical Centre of  
Excellence



**Arnaldi Enrico**  
Milan (ITA)  
Orthopaedic Surgeon,  
Head of the Department  
of Knee Arthroscopic and  
Regenerative  
Orthopaedics, Humanitas  
Clinic Institute



**Axe Michael**  
Newark (USA)  
Orthopaedic Surgeon &  
Clinical Professor,  
University of Delaware



**Babraj John**  
Dundee City (UK)  
Lecturer in Molecular  
Exercise Physiology,  
University of Abertay  
Dundee



**Bajwa Ali**  
Cambridge (UK)  
Consultant Orthopaedic  
Surgeon at The Villar  
Bajwa Practice, Spire  
Cambridge Lea



**Balzarini Luca**  
Milan (ITA)  
Head of the Department  
of Imaging, Humanitas  
Research Hospital.  
Member of SIRM



**Bangsbo Jens**  
Copenhagen (DEN)  
Professor of Physiology,  
University of  
Copenhagen. Former  
Assistant Coach for  
Juventus FC and  
Denmark National Team



**Batt Mark**  
Nottingham (UK)  
Sports Medicine  
Physician, Consultant in  
Sport and Exercise  
Medicine. Centre Director,  
The Arthritis Research  
UK Centre for Sport,  
Exercise and Osteoarthritis



**Batty Phil**  
London (UK)  
National Team Doctor,  
England Rugby.  
Sports Medicine Physician,  
Isokinetic Medical  
Group - FIFA Medical  
Centre of Excellence



**Beasley Ian**  
London (UK)  
Sports Medicine  
Physician. Head of  
Medical Services, Club  
England Division, The FA.  
Medical Advisor, The  
Royal Ballet



**Benazzo Francesco**  
Pavia (ITA)  
Orthopedic Surgeon &  
Professor, University of  
Pavia, Consultant to FC  
Internazionale and Italian  
Track & Field



**Berruto Massimo**  
Milan (ITA)  
Orthopaedic Surgeon,  
Head of Knee Joint  
Surgery Departemnt,  
G.Pini Orthopaedic  
Institute



**Bianchedi Diana**  
Rome (ITA)  
Sports Medicine  
Physician, Isokinetic  
Medical Group - FIFA  
Medical Centre of  
Excellence



**Bizzini Mario**  
Zürich (SUI)  
Research Associate,  
FIFA - Medical  
Assessment & Research  
Centre (F-MARC),  
Schulthess Clinic - FIFA  
Medical Centre of  
Excellence



**Boldrini Lorenzo**  
Milan (ITA)  
Sports Medicine  
Physician, Isokinetic  
Medical Group - FIFA  
Medical Centre of  
Excellence



**Boniforti Filippo**  
Palermo (ITA)  
Orthopaedic Surgeon,  
San Raffaele Biomedical  
Science Park



**Brotto Emanuele**  
Verona (ITA)  
Sports Medicine  
Physician, Isokinetic  
Medical Group - FIFA  
Medical Centre of  
Excellence. Team  
Physician, Hellas Verona



**Brukner Peter**  
Melbourne (AUS)  
Sports Medicine  
Physician, National Team  
Doctor, Cricket Australia



**Buckthorpe Matthew**  
London (UK)  
Head of On-field  
Rehabilitation - Isokinetic  
Medical Group - FIFA  
Medical Centre of  
Excellence





**Castagna Alessandro**  
Milan (ITA)  
Orthopaedic Surgeon,  
Head of the Shoulder  
Surgery Unit, Humanitas  
Clinic Institute



**Castagna Carlo**  
Firenze (ITA)  
Head of Football Training  
and Biomechanics  
Laboratory, FIGC,  
Technical Department,  
Coverciano



**Castellacci Enrico**  
Lucca (ITA)  
Orthopaedic Surgeon,  
Head of the Medical Staff,  
Italian National Football  
Team



**Chalabi Hakim**  
Doha (QAT)  
Acting Chief Medical  
officer and Executive  
Director of the National  
Sports Medicine  
Programme at Aspetar,  
Qatar Orthopaedic and  
Sports Medicine  
Hospital - FIFA Medical  
Centre of Excellence



**Chomiak Jiri**  
Prague (CZE)  
Orthopaedic Surgeon,  
Associate Professor of  
Orthopaedic Surgery,  
University of Prague -  
FIFA Medical Centre of  
Excellence



**Coari Giancarlo**  
Chiavari (ITA)  
Orthopaedic Surgeon,  
San Camillo Clinic, Lucca,  
Alma Mater Clinic, La  
Spezia. President of SIA



**Cohen Moisés**  
São Paulo (BRA)  
Orthopaedic Surgeon.  
Head of the Cohen Clinic  
- FIFA Medical Centre of  
Excellence. Previous  
ISAKOS President  
(2011-2013)



**Combi Franco**  
Sigt (ØG)  
Chair of Physiatrics and  
Sports Physiotherapy,  
University LUdeS, Lugano.  
Head of Medical Staff, FC  
Internazionale



**Crossley Kay**  
Brisbane (AUS)  
Associate Professor in  
Physiotherapy, University  
of Queensland



**Cugat Ramon**  
Barcelona (ESP)  
Orthopaedic Surgeon,  
Garcia Cugat Foundation  
Arthroscopy GC, Quiron  
Hospital. Orthopaedic  
Consultant to  
Professional Football  
Clubs



**D'Hooghe Michel**  
Bruges (BEL)  
FIFA and UEFA Medical  
Committee Chairman.  
FIFA Executive  
Committee Member



**D'Hooghe Pieter**  
Doha (QAT)  
Orthopaedic Surgeon,  
Aspetar, Qatar  
Orthopaedic and Sport  
Medicine Hospital - FIFA  
Medical Centre of  
Excellence



**D'Orsi Giovanni Maria**  
Rimini (ITA)  
Physiatrist, Isokinetic  
Medical Group - FIFA  
Medical Centre of  
Excellence



**Danelon Furio**  
Milan (ITA)  
Sports Medicine  
Physician, Isokinetic  
Medical Group - FIFA  
Medical Centre of  
Excellence



**Davison Mike**  
London (UK)  
London Managing  
Director, Isokinetic  
Medical Group - FIFA  
Medical Centre of  
Excellence



**De Carli Angelo**  
Rome (ITA)  
Orthopaedic Surgeon  
and Sports Medicine  
Physician, University of  
Rome, Italian U21 Team  
Physician



**De Coninck Kyra**  
Rochester (UK)  
Sports Therapist, School  
of Sport and Exercise  
Sciences, University of  
Kent



**Dejour David**  
Lyon (FRA)  
Orthopaedic Surgeon  
and Sports Medicine  
Physician,  
Lyon-Ortho-Clinic



**Delcogliano Antonio**  
Rome (ITA)  
Orthopaedic Surgeon, S.  
Carlo di Nancy Hospital,  
Associated Professor  
University Cattolica Sacro  
Cuore



**Della Villa Stefano**  
Bologna (ITA)  
Physiatrist, President  
of Isokinetic Medical  
Group - FIFA Medical  
Centre of Excellence



**Denti Matteo**  
Milan (ITA)  
Orthopaedic Surgeon,  
Head of Traumatologic  
Sports and Arthroscopic  
Centre, Galeazzi  
Orthopaedic Institute.  
Professor University of  
Milan Bicocca. Past  
President SIGASCOT



## Faculty



**Diesel Wayne**  
London (UK)  
Physiotherapist & Sports  
Scientist, Head of  
Medical Services,  
Tottenham Hotspur FC



**Dvorak Jiri**  
Zürich (SUI)  
Chief Medical Officer,  
FIFA - Chairman of  
F-MARC, IOC Medical and  
Science Committee  
Member



**Edwards Tony**  
Auckland (NZL)  
Sports Medicine  
Physician Unisports  
Medicine - FIFA Medical  
Centre of Excellence,  
FIFA Medical Committee  
Member



**Eiles Matthias**  
Frankfurt (GER)  
Football Instructor,  
German Football  
Association (DFB),  
Project Manager of  
FIFA 11+, Germany



**Eirale Cristiano**  
Doha (QAT)  
Sports Medicine  
Physician, Aspetar, Qatar  
Orthopaedic and Sports  
Medicine Hospital - FIFA  
Medical Centre of  
Excellence



**Ekstrand Jan**  
Linköping (SWE)  
Orthopaedic Surgeon &  
Professor of Sports  
Medicine, Vice President  
UEFA Medical Committee



**English Bryan**  
London (UK)  
Sports Medicine  
Physician, Medical  
Consultant  
Middlesbrough FC



**Erggelet Christoph**  
Zürich (SUI)  
Professor of Orthopaedic  
Surgery, University of  
Freiburg Medical Centre,  
Centre for Biologic Joint  
Surgery



**Espregueira-Mendes João**  
Porto (POR)  
Orthopaedic Consultant  
to FC Porto. President of  
the ESSKA. President of  
the Education Committee  
of ISAKOS. Chairman  
and Professor of the  
Orthopaedic Department  
of Minho University.  
Clinica Espregueira-Mendes  
FIFA Medical Centre of  
Excellence



**Fahy Damian**  
London (UK)  
Orthopaedic Surgeon.  
Consultant Spinal  
Surgeon, Fortius Clinic



**Faude Oliver**  
Basel (SUI)  
Professor at Institute for  
Sport and Sports  
Science, University of  
Basel



**Fazzini Davide**  
Bologna (ITA)  
Head of Technical Area,  
Isokinetic Medical  
Group - FIFA Medical  
Centre of Excellence



**Ferretti Andrea**  
Rome (ITA)  
Orthopaedic Surgeon  
and Sports Medicine  
Physician Member of  
UEFA. Medical Committee  
FIFA. Professor of  
Orthopaedics and  
Traumatology, University  
of Rome



**Forssblad Magnus**  
Stockholm (SWE)  
Orthopaedic Surgeon,  
Stockholm Sports Trauma  
Research Center - FIFA  
Medical Centre of Excellence.  
Chairman of the Medical  
Committee of the Swedish  
Football Association.  
Chairman of the Sports  
Committee of ESSKA



**Franklyn-Miller Andrew**  
Dublin (IRL)  
Sports Medicine  
Physician. Running  
Doctor. Researcher,  
Sports Surgery Clinic



**Freschi Marco**  
Milan (ITA)  
Sports Medicine  
Physician, Isokinetic  
Medical Group - FIFA  
Medical Centre of  
Excellence. Team  
Physician, AC Milan  
Youth Football League



**Fu Freddie**  
Pittsburgh (USA)  
Orthopaedic Surgeon.  
Professor Department of  
Orthopaedic Surgery,  
Pittsburgh University



**Fuller Colin**  
Nottingham (UK)  
Research Consultant,  
FIFA-Medical Assessment  
and Research Centre  
(F-MARC)



**Funk Lennard**  
Manchester (UK)  
Consultant Shoulder  
Surgeon. Professor of  
Orthopaedics & Sports  
Science, Salford  
University



**Gatteschi Luca**  
Coverciano (ITA)  
Sports Medicine  
Physician & Medical  
Coordinator, Italian  
National Football Team.  
Previously worked with  
Fiorentina FC





**Geertsema Celeste**  
Doha (QAT)  
Sports Medicine  
Physician. Chief of Sports  
Medicine at Aspetar,  
Qatar Orthopedic and  
Sports Medicine Hospital  
- FIFA Medical Centre of  
Excellence



**Gehring Dominic**  
Freiburg (GER)  
Lecturer, Human  
Movement Studies,  
Institute of Sport and  
Sports Science, University  
of Freiburg



**Giannini Sandro**  
Bologna (ITA)  
Orthopaedic Surgeon &  
Professor of Orthopaedics  
and Traumatology,  
University of Bologna.  
Director of Movement  
Analysis Laboratory



**Gobbi Alberto**  
Milan (ITA)  
Orthopaedic Surgeon  
and Sports Medicine  
Physician, President of  
Orthopaedic  
Arthroscopic Surgery  
International. Founder of  
OASI Bioresearch  
Foundation Gobbi  
ONLUS. ICRS Secretary  
General and ISAKOS  
Education Committee  
Deputy Chair



**Goedhart Edwin**  
Haarlem (NED)  
Sports Medicine  
Physician. Team Doctor  
Netherlands Football  
Team. Manager of the  
Sports Medical Centre of  
the Royal Netherlands  
Football Association  
(KNVB) - FIFA Medical  
Centre of Excellence



**Grimm Katharina**  
Doha (QAT)  
Director of Medical  
Affairs, Aspetar, Qatar  
Orthopedic and Sports  
Medicine Hospital - FIFA  
Medical Centre of  
Excellence



**Haddad Fares**  
London (UK)  
Consultant Orthopaedic  
Surgeon. Professor of  
Orthopaedic and Sports  
Surgery, University  
College Hospital and the  
Institute of Sport, Exercise  
& Health



**Hambly Karen**  
London (UK)  
Physiotherapist. Senior  
Lecturer, School of Sport  
and Exercise Sciences,  
University of Kent



**Healy Jerry**  
London (UK)  
Consultant  
Musculoskeletal  
Radiologist at the Fortius  
Clinic, Chelsea and  
Westminster Hospital.  
Honorary Senior, Lecturer  
Imperial College London



**Hearle Leah**  
London (UK)  
Osteopath, Isokinetic  
Medical Group – FIFA  
Medical Centre of  
Excellence. Osteopath,  
Putney Clinic



**Holmich Per**  
Copenhagen (DEN)  
Orthopaedic Surgeon.  
MD Associate Research  
Professor and Chief  
Surgeon, Amager  
Hospital



**Hutson Mike**  
London (UK)  
Musculoskeletal  
Physician, Royal London  
Hospital for Integrated  
Medicine, and past  
President of British  
Institute of Musculoskeletal  
Medicine (BIMM)



**Junge Astrid**  
Zürich (SUI)  
Head of Research  
FIFA-Medical Assessment  
and Research Centre  
(F-MARC)



**Kemp Joanne**  
Hobart (AUS)  
Sports Physiotherapist,  
Tasmanian Institute of  
Sports (TIS).  
Member of Sports  
Medicine Australia



**Kemp Steve**  
St. George's Park (UK)  
Elite Football  
Physiotherapist at St  
George's Park, working on  
behalf of The Football  
Association & Perform



**Kennedy John**  
New York (USA)  
Clinical Director of the  
Running Clinic at Hospital  
for Special Surgery.  
Professor of Orthopaedic  
Surgery, Weill Medical  
College of Cornell  
University



**Kerkhoffs Gino**  
Amsterdam (NED)  
Orthopedic Surgeon,  
Academic Medical Centre,  
Amsterdam. Member of  
the Dutch Medical  
Society, Dutch  
Orthopaedic Society,  
Dutch Orthopaedic  
Traumatology Society



**Khan Karim**  
Doha (CAN/QAT)  
Sports Medicine  
Physician. Editor of the  
British Journal of Sports  
Medicine. Director of  
Research and Education  
at Aspetar, Qatar  
Orthopedic and Sports  
Medicine Hospital - FIFA  
Medical Centre of  
Excellence



**Knowles Bill**  
Vermont (USA)  
Certified Athletic Trainer  
and Director of iSPORT  
Training at the Vermont  
Orthopaedic Clinic



## Faculty



**Kochhar Tony**  
London (UK)  
Consultant Shoulder and  
Upper Limb Surgeon.  
Professor of Sports  
Science, University of  
Greenwich, London



**Kon Elizaveta**  
Bologna (ITA)  
Orthopaedic Surgeon.  
Director of the Nano  
Biotechnology  
Laboratory, Rizzoli  
Orthopaedic Institute.  
President of the  
Educational Committee  
at ICRS. Past President  
of the Cartilage  
Committee of SIGASCOT  
and ESSKA



**Krustup Peter**  
Exeter (UK)  
Professor of Sport and  
Health Sciences,  
University of Exeter and  
Copenhagen Centre of  
Team Sport and Health



**Krutsch Werner**  
Regensburg (GER)  
Orthopaedic Surgeon  
and Sports Medicine  
Physician. Medical  
Coordinator of  
Regensburg - FIFA  
Medical Centre of  
Excellence



**Lelli Alessandro**  
Bologna (ITA)  
Orthopaedic Surgeon &  
Head of Surgical Group,  
Villa Laura



**Lewin Gary**  
London (UK)  
Head of Physiotherapy at  
The Football Association  
and England National  
Football Team



**Lloyd Rhodri**  
Cardiff (UK)  
Senior Lecturer,  
Physiology and Health,  
Cardiff Metropolitan  
University - FIFA Medical  
Centre of Excellence



**Lloyd Williams Robert**  
London (UK)  
Consultant Orthopaedic  
Surgeon, London  
Orthopaedic Clinic



**Madonna Vincenzo**  
Verona (ITA)  
Orthopaedic Surgeon,  
Ospedale Sacro Cuore-  
Don Calabria Hospital of  
Negrar, Associated  
professor, University of  
Perugia



**Maffulli Nicola**  
Salerno (ITA)  
Orthopaedic Surgeon,  
Department of Medicine  
and Surgery, University  
of Salerno, Italy.  
Professor of Sports and  
Exercise Medicine, Trauma  
and Orthopaedic Surgeon  
Queen Mary University of  
London Barts



**Malliaropoulos Nikos**  
Thessaloniki (GRE)  
Sports Medicine  
Physician, EJU Medical  
Committee Member,  
General Secretary  
ECOSEP



**Mandelbaum Bert**  
Santa Monica (USA)  
Director, Santa Monica  
FIFA Medical Center of  
Excellence, Co-Director  
Chan Soon Shiong  
Musculoskeletal Institute  
at Saint Johns Hospital,  
Member F-MARC  
Committee, Team  
Physician, Pepperdine  
University, LA Galaxy,  
Chivas USA, Assistant  
Medical Director



**Marcacci Maurilio**  
Bologna (ITA)  
Orthopaedic Surgeon &  
Professor, University of  
Bologna, Head of  
Biomechanics  
Laboratory, Rizzoli  
Orthopaedics Institutes



**Margheritini Fabrizio**  
Rome (ITA)  
Researcher, Adjunct  
Professor of  
Orthopaedics and  
Traumatology, University  
of Rome "Foro Italico"



**Mathieu Nicolas**  
Bramois (SUI)  
Physiotherapist,  
University of Applied  
Sciences, PT of Swiss  
National Team Football  
U21 FIFA 11+ Instructor  
Vice President of the  
Swiss Sports  
Physiotherapy  
Association



**Mayer Michael**  
Münich (GER)  
Orthopaedic Surgeon,  
Medical Director of the  
Orthopaedic Clinic  
Münich-Harlaching  
FIFA Medical Centre of  
Excellence



**Mazzola Claudio**  
Chiavari (ITA)  
Orthopaedic Consultant,  
Sampdoria FC. Head of  
Educational Committee  
SIGASCOT. Head of  
Orthopaedics Hospital  
Galliera, Genova



**McDermott Ian**  
London (UK)  
Consultant Orthopaedic  
Surgeon, London Sports  
Orthopaedics Honorary  
Professor Associate,  
Brunel University School  
of Sport & Education



**Medina Daniel**  
Barcelona (ESP)  
Sports Medicine  
Physician. Medical Staff  
of Barcelona FC



**Melegati Gianluca**  
Milan (ITA)  
Sports Medicine  
Physician and  
Physiatrist, Istituto  
Ortopedico Galeazzi





**Millson Helen**  
Ipswich (UK)  
Sports Physiotherapist



**Minetti Alberto**  
Milan (ITA)  
Professor of Physiology,  
Department of Human  
Physiology, Faculty of  
Medicine, University of  
Milan



**Minola Riccardo**  
Milan (ITA)  
Consultant Orthopaedic  
Surgeon, Orthopaedic  
Department, Auxologico  
Hospital IRCCS



**Mithoefer Kai**  
Chestnut Hill (USA)  
Team Physician US  
Soccer Federation.  
Director of Sports  
Medicine, Harvard  
Vanguard Medical  
Associates, Boston



**Müller-Wohlfahrt Hans  
Wilhelm**  
Münich (GER)  
Sports Medicine  
Physician, Müller-  
Wohlfahrt Orthopaedic  
Centre. Club Doctor,  
Bayern München. Team  
Doctor, German National  
Football Team



**Nanni Gianni**  
Bologna (ITA)  
Head of the Medical Staff  
of Bologna FC  
Sports Physician,  
Isokinetic Medical  
Group - FIFA Medical  
Centre of Excellence



**Narici Marco**  
Nottingham (UK)  
Physiologist, Professor  
of Clinical Physiology,  
University of Nottingham



**Neyret Philippe**  
Lyon (FRA)  
Professor at the  
University of Lyon. Head  
of Department since 1996,  
Orthopaedic Surgery  
Department, Centre  
Albert Trillat - FIFA Medical  
Centre of Excellence.  
President of ISAKOS 2015



**Olmo Navas Jesús**  
Madrid (ESP)  
Club Doctor Real Madrid  
FC. Chief, Department of  
Rehabilitation, Quirón  
Madrid Hospital. Team  
Doctor, Spain Rugby  
Sevens



**Padron Mario**  
Madrid (ESP)  
Radiologist, Chairman  
Department of Radiology,  
Clinica Centro Madrid.  
President of the European  
Society of Musculoskeletal  
Radiology



**Panics Gergely**  
Budapest (HUN)  
Assistant Professor  
Semmelweis University,  
Dept. of Traumatology  
Uzsoki Hospital Dept. of  
Orthopaedics - FIFA  
Medical Centre of  
Excellence



**Pedrinelli André**  
São Paulo (BRA)  
Director of the Instituto de  
Ortopedia e Traumatologia  
FIFA Medical Centre of  
Excellence. Medical School  
Professor, Department of  
Orthopaedics University  
of São Paulo



**Peterson Lars**  
Gothenburg (SWE)  
Professor of  
Orthopaedics, University  
of Gothenburg



**Porcellini Giuseppe**  
Cattolica (ITA)  
Orthopaedic Surgeon.  
Director of Unit for  
Shoulder Surgery,  
Cervesi Hospital



**Powers Chris**  
Los Angeles (USA)  
Associate Professor  
University of Southern  
California. Director,  
Program in Biokinesiology.  
Co-Director, Musculoskeletal  
Biomechanics Research  
Lab



**Praticò Santo**  
Milan (ITA)  
Physiatrist, Isokinetic  
Medical Group - FIFA  
Medical Centre of  
Excellence



**Puig Pierre Louis**  
Capbréton (FRA)  
Physiatrist and Sports  
Medicine Physician,  
Director del Centre  
Européen Rééducation  
du Sportif di Capbréton  
(CERS)



**Rampinini Ermanno**  
Castellanza (ITA)  
Head of Human  
Performance Lab, MAPEI  
Sport Research Centre  
Department of Sport,  
Nutrition and Health  
Sciences, Università degli  
Studi di Milano



**Randelli Filippo**  
Milan (ITA)  
Hip Department and  
Trauma IRCCS Policlinico  
San Donato, San Donato  
Milanese



**Randelli Pietro**  
Milan (ITA)  
Orthopaedic Surgeon,  
Adjunct Professor,  
University of Milan,  
Biomedical Science for  
Health Department, IRCCS  
Policlinico San Donato,  
San Donato Milanese



**Ranson Craig**  
Cardiff (UK)  
Senior Lecturer - Sports  
& Exercise Medicine,  
Cardiff Metropolitan  
University. Wales Rugby  
Team Physiotherapist.  
Consultant to the  
International Cricket  
Council



## Faculty



**Respizzi Stefano**  
Milan (ITA)  
Physiatrist and Sports  
Medicine Physician. Head  
of the Rehabilitation  
Department, Humanitas  
Clinic Institute of Milan



**Rigel Daniel**  
Rome (ITA)  
Chiropractor, Isokinetic  
Medical Group - FIFA  
Medical Centre of  
Excellence



**Rivaroli Simone**  
Milan (ITA)  
Physiotherapist,  
Isokinetic Medical  
Group - FIFA Medical  
Centre of Excellence



**Roi Giulio Sergio**  
Bologna (ITA)  
Director of the Education  
and Research  
Department. Sports  
Medicine Physician,  
Isokinetic Medical Group  
- FIFA Medical Centre of  
Excellence



**Roos Ewa**  
Copenhagen (DEN)  
Head of the Research  
Unit of Musculoskeletal  
Function and Professor,  
Institute of Sports  
Science and Clinical  
Biomechanics, University  
of Southern Denmark



**Rosa Donato**  
Naples (ITA)  
Adjunct Professor,  
University Federico II,  
Head of Division of  
Arthroscopy and Knee  
Surgery



**Runco José**  
Rio de Janeiro (BRA)  
Team Doctor, Brazil  
National Football Team



**Salsi Alessandro**  
Bologna (ITA)  
Physiotherapist,  
Isokinetic Medical Group  
- FIFA Medical Centre of  
Excellence



**Sandhu Jaspal**  
Amritsar (IND)  
Director, UGC Academic  
Staff College Dean,  
Faculty of Sports Medicine,  
Guru Nanak Dev University,  
Amritsar. Secretary  
General, Asian Federation  
of Sports Medicine



**Sas Kristof**  
Bruges (BEL)  
Sports Medicine  
Physician, AZ Glorieux  
Ronze



**Sassi Roberto**  
Turin (ITA)  
Head of Training and  
"Lab Juventus",  
Juventus FC



**Schilders Ernest**  
London (UK)  
Orthopaedic Surgeon.  
Consultant at the London  
Hip Arthroscopy Centre,  
the Wellington Hospital,  
the Fortius Clinic and the  
Yorkshire Clinic



**Schneider Christian**  
Münich (GER)  
Orthopaedic Surgeon &  
Chief Physician, Münich-  
Harlaching Orthopaedic  
Clinic - FIFA Medical  
Centre of Excellence



**Schriebl Wolfgang**  
Graz (AUT)  
Sports Medicine  
Physician, Rehabilitation  
and Conditioning Coach  
of FC Rubin Kazan



**Seil Romain**  
Luxembourg (LUX)  
Vice President of ESSKA.  
Head of the Department  
of the locomotive system,  
Centre Hospitalier de  
Luxembourg - Clinique  
d'Eich, Co-director  
Luxembourg Olympic  
Medical Center, Professor  
of Orthopaedic Surgery  
University of Saarland,  
Homburg/Saar, Germany



**Serratos Luis**  
Madrid (ESP)  
Sports Medicine  
Physician. Head of  
Rehabilitation and Sports  
Medicine Department,  
Hospital Quiron



**Servadei Maria Assunta**  
Bologna (ITA)  
Physiatrist, Isokinetic  
Medical Group - FIFA  
Medical Centre of  
Excellence



**Servien Elvire**  
Lyon (FRA)  
Orthopaedic Surgeon,  
Knee & Shoulder  
Surgery, Hospital de la  
croix-rousse Lyon  
University - FIFA Medical  
Centre of Excellence



**Silvers Holly**  
Santa Monica (USA)  
Physical Therapist at  
Santa Monica Sports  
Medicine Foundation -  
FIFA Medical Centre of  
Excellence.  
US Soccer Federation  
Medical Team



**Snyder Mackler Lynn**  
Newark (USA)  
Professor in the  
Department of Physical  
Therapy, Academic  
Director of Biomechanics  
and Movement Science,  
University of Delaware



**Sonnerly-Cottet Bertrand**  
Lyon (FRA)  
Orthopaedic Surgeon,  
Centre Ortopedique  
Santy - FIFA Medical  
Centre of Excellence





**Steadman Richard Vail** (USA)  
Orthopaedic Surgeon.  
Founder of the Steadman Philippon Research Institute



**Steinwachs Matthias**  
Zürich (SUI)  
Head of Orthopaedic Department, FMH Orthopaedic Surgery and Traumatology, Specialist in Orthopaedics, Traumatology and Sports Medicine



**Stride Matthew**  
London (UK)  
Sports Medicine Physician, Isokinetic Medical Group - FIFA Medical Centre of Excellence



**Tavana Rodolfo**  
Como (ITA)  
Orthopaedic Surgeon and Sports Medicine Physician, Head of Medical Staff, AC Milan



**Tencone Fabrizio**  
Turin (ITA)  
Consultant of Juventus FC - Sports Medicine Physician, Isokinetic Medical Group - FIFA Medical Centre of Excellence



**Til i Perez Lluís**  
Barcelona (ESP)  
Consultant to FC Barcelona - Head of Health Unit, Centre for High Performance (CAR), Sant Cugat del Vallès



**Tomaello Luca**  
Turin (ITA)  
Physiatrist, Isokinetic Medical Group - FIFA Medical Centre of Excellence. Medical Consultant, Juventus FC



**Tsapralis Kyriakos**  
Bologna (ITA)  
Sports Medicine Physician, Isokinetic Medical Group - FIFA Medical Centre of Excellence



**Turmo Antonio**  
Barcelona (ESP)  
Sports Medicine Physician, Centre of High Performance (CAR), Sant Cugat del Valles



**Tzouroudis Nikos**  
Al Ain (UAE)  
Sports Physician Chief Medical Officer Al Ain FC UAE



**Ueblacker Peter**  
Münich (GER)  
Orthopaedic Surgeon and Sports Medicine Physician. Team Doctor of FC Bayern München



**Volpi Piero**  
Milan (ITA)  
Orthopaedic Surgeon and Sports Medicine Physician, Humanitas Research Hospital. Medical Consultant AIC (Associazione Italiana Calciatori). Vice-President Antidoping Committee FIGC



**Walden Markus**  
Linköping (SWE)  
Orthopaedic Surgeon Football Research Group Linköping



**Walker Natalie**  
Northampton (UK)  
Sports & Exercise Psychologist, Senior Lecturer in Sport & Exercise Psychology, University of Northampton, Associate Lecturer for the Open University, UK



**Welsch Goetz**  
Erlangen (GER)  
Department of Trauma Surgery, University of Erlangen, Germany. Team Physician, SpVgg Greuther Fürth, Germany, MR Center, Department of Radiology, Medical University of Vienna



**Witvrouw Erik**  
Doha (QAT)  
Lead research and education physiotherapist at Aspetar, Qatar Orthopedic and Sports Medicine Hospital - FIFA Medical Centre of Excellence. Previous professor at Ghent University, Head of the Department of Rehabilitation Science and Physiotherapy



**Zaffagnini Stefano**  
Bologna (ITA)  
Associate Professor, Sports Traumatology Department, Rizzoli Orthopaedic Institutes, University of Bologna. 1st Vice President SIGASCOT



**Zanobbi Marco**  
London (UK)  
Physiotherapist, Isokinetic Medical Group - FIFA Medical Centre of Excellence



**Zini Raul**  
Pesaro (ITA)  
Orthopaedic Surgeon. Past President of Italian Society of Arthroscopy



**Zorzi Claudio**  
Verona (ITA)  
Orthopaedic Surgeon, Sacro Cuore Don Calabria Hospital of Negrar



**Zunarelli Pierpaolo**  
Bologna (ITA)  
Sports Medicine Physician, Isokinetic Medical Group - FIFA Medical Centre of Excellence



## How to reach us

MiCo - Milano Congressi  
Viale Eginardo (Gate 2)  
Piazzale Carlo Magno, 1  
Milan, 20149



The easiest way to reach the Conference Centre after arriving in Milan is with the underground. The MiCo Conference Centre is easy to reach using the Red Line, M1, getting off at the "Amendola" station, located 700 metres from the Conference Centre or at the "Lotto" station, 800 metres away. Otherwise you can drive to the Conference Centre, following the directions to Fieramilanocity.

## Commercial opportunities



The Scientific Direction encourages commercial partners to participate in this event. Opportunities include exhibition booths, inserts in delegate bags and the sponsoring of Conference sessions. Customised solutions also available.

Contributing to the culture of the conference by way of scientific content, we also encourage exhibitors and sponsors to submit both oral and poster presentations on topical issues and would support those looking to organise private workshops. The involvement of partner companies is fundamental to the success of this conference and with your contribution many delegates will leave the event with new ideas to be implemented in the field. For all of those interested in the Exhibitor Information Pack, please contact the Organising Secretariat at the following email address: [conference@isokinetic.com](mailto:conference@isokinetic.com)

## Key dates

Deadline for abstract submission	15 <sup>th</sup> December 2013
Notification to authors	15 <sup>th</sup> January 2014
Deadline for early registrations	1 <sup>st</sup> February 2014
Deadline to register online	19 <sup>th</sup> March 2014





# Registrations

For online registration please visit [www.FootballMedicineStrategies.com](http://www.FootballMedicineStrategies.com) and fill the form in the 2014 conference section

Registration Fees	by 1st February 2014	from 2nd February 2014
Both days + summit	€ 390	€ 590
Single day (Saturday or Sunday)	€ 250	€ 300
Students both days + Summit	€ 250	€ 350
Students single day (Saturday or Sunday)	€ 150	€ 200
Only Summit on Monday	€ 100	€ 150

The registration fee for participants includes:

- Admission to all scientific sessions
- Admission to the exhibition hall and networking area
- Admission to sponsored workshops (dependent on room capacity)
- Conference material (conference bag, abstract book & conference programme)
- Tea & coffee breaks
- Certificate of participation
- Free Wi-Fi

## Payment

Payment for the Conference can be made by credit card or bank transfer. All payments must reflect the registration option selected and deferred payments will not be accepted. Further information is available at [www.FootballMedicineStrategies.com](http://www.FootballMedicineStrategies.com)

## Students

Students are entitled to a reduced fee. Valid certification by fax (+39 051 6133197) or by email ([conference@isokinetic.com](mailto:conference@isokinetic.com)) is required.

## Cancellation

If you need to cancel your registration, please notify us by fax (+39 051 6133197) or by e-mail ([conference@isokinetic.com](mailto:conference@isokinetic.com)). There is a refund of 75% registration fee before 20th February 2014.

## Official language

The official language is the English.

# Stay and transfers

## Affiliation with Isokinetic Conference

Hotel and flights booking: Viaggi Salvadori srl - Via Ugo Bassi 13 - 40121 Bologna

Travel Consultant Flights: Sig.ra Antonella Pesenti - [apesenti@viaggisalvadori.it](mailto:apesenti@viaggisalvadori.it) - tel +39 051 2960085

Travel Consultant Hotel: Sig.ra Beatrice Stefanelli - [isokinetic-hotels@viaggisalvadori.it](mailto:isokinetic-hotels@viaggisalvadori.it) - tel +39 051 263281

Booking On-line: <http://isokinetic.viaggisalvadori.net>



Hotel	Category	Max rate		Distance from MiCo
		(booking by 20th february 2014)		
MELIA MILANO	5	single € 190		0.9 km
ADMIRAL	4	single € 130	double € 150	0.5 km
NASCO	4	single € 140	double € 150	0.3 km
UNA HOTEL SCANDINAVIA	4	single € 99	double € 119	0.7 km
ADI POLIZIANO FIERA	4	single € 140	double € 150	0.8 km
CROWNE PLAZA MILAN CITY	4	single € 152	double € 162	6.8 km
DOUBLETREE BY HILTON	4	single € 140	double € 150	3.0 km
ANTARES HOTEL ACCADEMIA	4	single € 130	double € 150	1.2 km
OTHER HOTELS	Please contact Viaggi Salvadori for further stay			

Please contact the travel agency Viaggi Salvadori to know the hotels availability and to ask for further stay and travel solutions.

• A City Desk service will be provided by the MiCo staff to everyone that would like to know more about the neighbouring area and the places of interest in the city.



[www.isokinetic.com](http://www.isokinetic.com)

[www.FootballMedicineStrategies.com](http://www.FootballMedicineStrategies.com)



## Education in Sports Rehabilitation and Traumatology



### Isokinetic Medical Group:

#### BOLOGNA

[bologna@isokinetic.com](mailto:bologna@isokinetic.com)

#### LONDON

[london@isokinetic.com](mailto:london@isokinetic.com)

#### MILAN

[milano@isokinetic.com](mailto:milano@isokinetic.com)

#### RIMINI

[rimini@isokinetic.com](mailto:rimini@isokinetic.com)

#### ROME

[roma@isokinetic.com](mailto:roma@isokinetic.com)

#### TURIN

[torino@isokinetic.com](mailto:torino@isokinetic.com)

#### VERONA

[verona@isokinetic.com](mailto:verona@isokinetic.com)